

Evaluate

Objective Type Questions

A. Tick (✓) the correct answer.

- Eating nutritious food protects us from
a. falling ill. b. falling down. c. strangers. d. thieves.
- We should not touch the following with wet hands.
a. pencil b. eraser c. pen d. electric appliances
- We should always walk on the _____ while on the road.
a. subway b. footpath c. highway d. wires

B. Fill in the blanks.

- Always use zebra crossing to cross the road.
- First aid means immediate help given to an injured person.
- A tunnel under the road that is used by pedestrians is called subway.

C. Make and complete the table in your Science notebook.

Complete the list of what you should and should not do while crossing a road.

While crossing a road...

I should...	I should not...
<u>use zebra crossing</u>	<u>run on the road</u>

Short Answer Questions

Answer these questions briefly.

- How does food protect us from illness?
- Why should we cross the road at the zebra crossing?
- How does the first-aid box help an injured person?

Note: We should always talk to our elders if anyone makes us feel uncomfortable in any way.

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1. safety

2. trip

3. crackers

4. parks

5. nutritious

6. first-aid

7. exercise

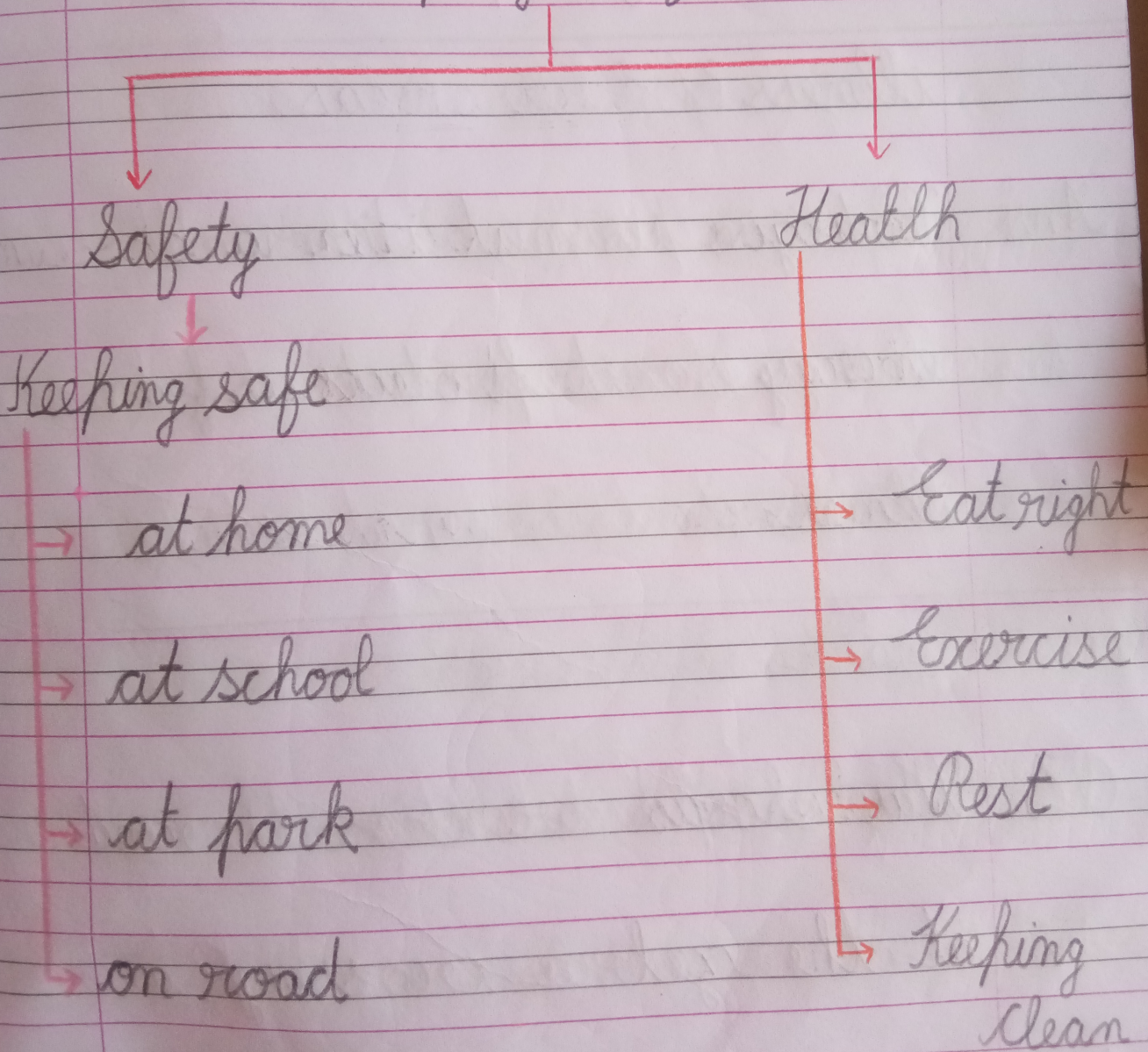
8. zebra crossing

9. accident

10. health

Flow chart

Keeping Safe



Short Answer Questions

Q1 How does food protect us from illness?

Ans Food give us nutrition and energy so it protects us from illness.

Q2 Why should we cross the road at the zebra crossing?

Ans We should cross the road

at the zebra crossing otherwise
we get hurt

Q3 How does the first-aid box help
an injured person?

Ans We can give first treatment to an
injured person with the help of first-aid
and prevent the condition from worsening.

Thus, first-aid help in giving the first help
required in saving the life of an injured
person.

Long Answer Questions

Why are the following actions incorrect? Give reasons.

1. Ryan is playing with matchsticks.

Ans. This is incorrect because he can be burnt with matchsticks.

2. Tia has spread her toys all over her room.

Ans. Because anyone can trip and get injured.

3 Ruhi and her friends are racing on the stairs.

Ans This is incorrect because they can fall down and get injured.

4 Sameer is waving his friend and taking his head out from his car on a busy road.

Ans This is incorrect because he can get injured by any vehicle.

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Q5 Payal got up at 11 a.m. She watched TV the whole day and did not eat her food.

Ans If she do this then she can fall ill.